

ReLATE

Reframing Learning & Teaching Environments



ReLATE is a research and evidence informed model supporting schools to create the preconditions for improved teaching, learning and wellbeing.

What is ReLATE?

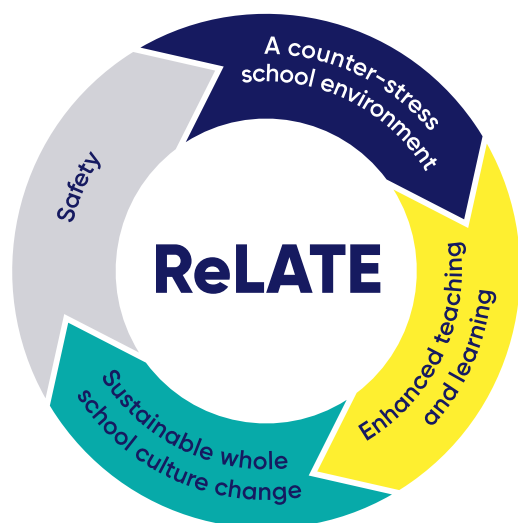
ReLATE recognises the impact that Adverse Childhood Experiences (ACEs) have on the developing body and brain of a child and the lasting impacts into adulthood. It gives education professionals tools, knowledge, skills and resources that enable them to be cognisant of the impacts of adverse experiences on engagement, learning, health and wellbeing.

Benefits and outcomes

Through ReLATE, schools can expect to see happier, more connected and engaged students, staff and school communities. Schools and systems can expect a shift in culture and attitudes and strengthened responses from teachers to student behaviour.

How does ReLATE work?

Drawing together a robust body of research, the ReLATE model has four foundational concepts:



What sets us apart?

ReLATE was developed in Australia by MacKillop Family Services, drawing on the experience and model implemented and proven in our own schools, at MacKillop Education. At its' core, ReLATE promotes strong relationships, not only for students, but also for school leaders, teachers and other staff working with children, young people and families.

Staff are supported both on their professional learning and development journey and in their own wellbeing. ReLATE promotes personal growth and builds staffs' resilience, strengthening their understanding of how to drive change in their behaviours and responses, enhancing their wellbeing and interactions and relationships with others.

 **We've always been very conscious of the wellbeing of everyone in our school community. Since introducing the ReLATE model we can see it recognises the inter-relationship between the adults and the children within the school community.** 

- School Principal

Equipping you for change

The ReLATE model is a commitment, as a school community or system, to sustainable and positive cultural change. Our skilled ReLATE consultants work directly with you and your team to provide bespoke and agile implementation, modified to suit your school's or systems' needs. Over three years, we support you to implement ReLATE with professional learning opportunities for staff to deepen and embed their understanding of adverse childhood experiences, grief, loss, stress and trauma.

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How does it work?

Our implementation approach is agile and can be modified to suit your community and your starting point. In general, ReLATE is implemented across an individual school or a network of schools, over three-years. However, if your school is interested in aspects of our ReLATE model but not yet positioned to engage in the three-year implementation, we have alternative options for you.

Three-year implementation

Throughout the ReLATE implementation our skilled consultants come to you. Engaging in a partnership approach, ReLATE commences with a Discovery Day. This provides an opportunity for your school and our skilled consultants to understand the 'where your school or system is currently at' and 'where you would like to be'. The day culminates in the delivery of a Discovery and Insights Report, which presents baseline data and informs the implementation approach.

Your Discovery Day is followed by a two-day Foundational Concepts Professional Learning delivered throughout the year. This training is followed up with implementation support.

Years two and three provide your school with an opportunity to customise your learning journey, aligning it with your strategic directions and your progress. Professional Development training sessions continue throughout this period, and our consultants remain on hand to provide face-to-face or online support for implementation.

Alternative options

Schools may choose aspects of the ReLATE Model to implement if they're not yet ready for the full implementation. Options include:

1. Discovery & Insights Report including baseline assessments
2. Two-day foundational professional learning
3. Two-hour training modules

These options provide flexibility for your school and how you engage with training to enhance your teaching, learning and wellbeing outcomes. Through these training options, schools will receive access to practical resources and templates to support embedding the strategies daily in the classroom.

Get in touch

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